

IMAGINATION

Now it's time to put your imagination on paper and take a look at the ideas that you have hatched.



Set a timer for three minutes. Write down everything, every idea that you have come up with. You can draw on the page to illustrate ideas as well. **DO NOT CENSOR ANYTHING!** Let it all come through you. When the three minutes are up stop. Take a look at what you have come up with. Circle the ideas that are most meaningful to you and then break those down to the top 3 then 2 then 1. You can do it again if you like but remember no censoring and only for 3 minutes at a time.

What did you discover?

Congratulations on completing this! What did you discover about yourself about doing this?